

Wednesday 15 July

At-a-glance show programme

All timings are subject to change

Activity Zone Sponsor
Warner Leisure Hotels
Life begins at Warner

Start time

	Money Matters Seminar Theatre	Travel Seminar Theatre	Health Seminar Theatre	Performance Stage	Activity Zone	Live Cookery Theatre
10.15	How to avoid a pension pitfall: Generating an assured retirement income through property Giles Beswick, Select Property	Exhibition time!	Exhibition time!	Exhibition time!	Exhibition time!	Exhibition time!
11.00	Buy2LetCars: The world's first peer-2-peer vehicle funding opportunity Reginald Larry-Cole, Buy2LetCars	Choosing your first Cruise Alan Fairfax, Silver Travel Advisor travel	No care home like your home Robin Sidebottom, Promedica24	ABBA Chique Put on your thigh-high sparkle-boots and hit the high notes with the girls from ABBA Chique! music	Zumba Gold with Nana Akua aka LadyXSize See page 18 for details	10.45 Richard Rox - Chef extraordinaire! How do you make something delicious out of next to nothing? Richard Fox will show you how! food!
11.45	Lasting Powers of Attorney – As important as making a Will Alexandra Bartrope, solicitor, Moon Beever finance	The World is more beautiful on foot Tony Maniscalco, Ramblers World-wide Holidays	NADH Skin Serum - A unique cosmetic for the ageing skin Dr George Birkmayer, NADH Handels	The fabulous L.A. Showgirls Come and enjoy the show-tunes and high-kicking dance extravaganza that these fabulous have prepared for you!	Exercise & Fitness with Medau Movement Jane Seyler	Exhibition time!
12.30	How lasting power of attorney can protect you Polly Banwell, WSL Willwriting services	Holiday Homes as a new alternative investment Bill Wilson – Mullacott Park – Wilson Leisure Developments Ltd.	The latest developments in plastic, aesthetic and reconstructive surgery Assoc. Prof. Mehmet Veli Karaaltin, Acibadem Healthcare Group	Carradine's Cockney Sing-a-long Tune-up and enjoy a good old-fashioned knees-up with Mr Tom Carradine on the ol' joanna!	12.30: Do you Warner Dance? Sponsored by Warner Leisure Hotels dance!	12.15 Richard Rox - Chef extraordinaire! Richard's talents as a chef and cookery presenter know no bounds - come and see him cook up a storm!
1.15	New pension freedoms: It's your choice! Nigel Kern, Pensions Advisory Service	Saga Holidays and Cruises Louise Batty, Saga	Cologuard: Bowel Cancer Screening - check out your options today Mr Tan Arulampalam, Consultant Colorectal Surgeon	ABBA Chique Put on your thigh-high sparkle-boots and hit the high notes with the girls from ABBA Chique!	Exhibition time!	Exhibition time!
2.00	Q&A with the Financial Ombudsman Venetia Trayhurn & Anna Whitelock	Travelling Solo – the Silver Travel guide for single travellers Jennie Carr, Silver Travel Advisor	Health Tourism to India Raj Kumar Sunani health	The fabulous L.A. Showgirls Come and enjoy the show-tunes and high-kicking dance extravaganza that these fabulous have prepared for you!	FitSteps with Nana Akua aka LadyXSize See page 18 for details	1.45 Richard Rox - Chef extraordinaire! With fabulous tastes and redolent aromas, Richard's cooking will have your taste-buds in a tizzy!
2.45	Identity Fraud - The Devil is in your details Tony Blake, Fraud Prevention Officer, DCPCU	The 50+ Show Free Prize Quiz Win theatre tickets, courtesy of the Ambassador Theatre Group	Become a Dementia Friend Alzheimer's Society, Dementia Friends Champion speaking	Gilbert & Sullivan Reprised Performers from The National Gilbert and Sullivan Opera Company / The International Gilbert and Sullivan Festival.	Warner Pop Choir Come and have a go at making a beautiful noise - from scratch! Sponsored by Warner Leisure Hotels	Exhibition time!
3.30	Exhibition time!	New Zealand & Australia – Your holiday, our home! Tui Davenport, Anzcro	Exhibition time!	Moving into Age - MIA Moving Into Age dance troupe comprises nine dancers aged 60-80 - come and see them strut their funky stuff!	Exhibition time!	3.15 Richard Rox - Chef extraordinaire! Cooking to impress is what Richard Fox does best: This'll be the best food you see today!